

## Family Practitioner – Emotional Wellbeing

### Grade 7

#### **Our Vision**

An innovative, ambitious and sustainable county, where everyone has the opportunity to prosper, be healthy and happy.

#### **Our Outcomes**

We want everyone in Staffordshire to:

- Have access to more good jobs and share the benefit of economic growth
- Live in thriving and sustainable communities
- Be healthier and more independent for longer

#### **Our Values**

Our People Strategy sets out what we all need to do to make Staffordshire County Council a great place to work, where people are supported to develop, flourish and contribute to our ambitious plans. Our values are at the heart of the Strategy to ensure that the focus is on what is important to the organisation and the people it serves:

- Ambitious – We are ambitious for our communities and the people of Staffordshire
- Courageous – We recognise our challenges and are prepared to make courageous decisions
- Empowering – We empower and support our people by giving them the opportunity to do their jobs well.

#### **About the Role**

The Family Practitioner – Emotional Wellbeing will provide targeted emotional wellbeing support to care leavers 18 plus, helping them navigate the transition to independent living. This role involves building trusting relationships, delivering one-to-one and group interventions, and working collaboratively with social care, health, and community services. The practitioner will focus on promoting resilience, emotional regulation,

and mental health awareness, ensuring care leavers feel heard, supported, and empowered to thrive

## **Reporting Relationships**

**Responsible to:** Leaving care Senior Practitioners

**Responsible for:** NA

## **Key Accountabilities:**

1. **Deliver Restorative, Relationship-Based Support**  
Apply restorative practice principles to build trusting relationships with care leavers, supporting their emotional wellbeing and helping them develop resilience, independence, and a sense of identity.
2. **Facilitate Supportive Meetings and Groups**  
Plan and lead one-to-one sessions, peer support groups, and attend multi-agency meetings that focus on emotional health, wellbeing, and transition planning for care leavers.
3. **Lead on Emotional Wellbeing Plans**  
Contribute to multi-agency planning by supporting and advocating for care leavers, with a focus on emotional wellbeing. Lead on emotional wellbeing assessments and the development of support plans, working collaboratively with social workers, personal advisors, and mental health professionals to ensure holistic and coordinated care
4. **Provide Targeted Interventions**  
Deliver tailored interventions around emotional regulation, trauma, identity, self-esteem, and life transitions. Support care leavers with practical and emotional challenges, including crisis prevention and conflict resolution.
5. **Support Access to Records**  
Provide support to care leavers in accessing and understanding their care history, ensuring the process is handled sensitively and at the young person's pace. Offer one-to-one sessions where needed to explore the content, answer questions, and support emotional responses. Follow up with appropriate support to help care leavers make sense of their experiences and strengthen their sense of identity.

**6. Use Creative and Flexible Approaches**

Employ innovative, creative methods to engage care leavers, including arts-based, digital, and experiential techniques that reflect their interests and needs.

**7. Maintain Accurate Records and Reports**

Ensure timely and accurate documentation of all work undertaken, including assessments, plans, progress notes, and outcome evaluations.

**8. Offer Flexible Support**

Provide support outside of traditional working hours, including evenings, to meet the needs of care leavers during times of emotional distress or transition.

**Other Information**

This post is designated as an essential car user.

The post holder will need to meet the travel requirements of the role locally/regionally

This post has no political restriction.

This post is identified as safety critical; therefore you may be subject to random alcohol and drug testing. This is to help ensure the health, safety and wellbeing of all employees and service user.

**Professional Accountabilities:**

The post holder is required to contribute to the achievement of the Council objectives through:

**Financial Management**

Personal accountability for delivering services efficiently, effectively, within budget and to implement any approved savings and investment allocated to the service.

**People Management**

Engaging with People Management policies and processes

### **Equalities**

Ensuring that all work is completed with a commitment to equality and anti-discriminatory practice, as a minimum to standards required by legislation.

### **Climate Change**

Delivering energy conservation practices in line with the Council's climate change strategy.

### **Health and Safety**

Ensuring a work environment that protects people's health and safety and that promotes welfare, and which is in accordance with the Council's Health & Safety policy.

### **Safeguarding**

Commitment to safeguarding and promoting the welfare of vulnerable groups.






The content of this Job Description and Person Specification will be reviewed on a regular basis.



## Person Specification

A = Assessed at Application

I = Assessed at Interview

T = Assessed through Test

Minimum Criteria for Disability Confident Scheme *	Criteria	Measured by
	<b>Qualifications/Professional membership</b> <ul style="list-style-type: none"> <li>Minimum standard of NVQ3 in respect of working with children and their families or equivalent.</li> </ul>	A/I
   	<ul style="list-style-type: none"> <li><b>Knowledge and Experience</b></li> <li>Experience of direct work with vulnerable young people and/or adults.</li> <li>Knowledge or direct experience of working with care experienced children and/or young people.</li> <li>Experience in the use of IT including Microsoft packages</li> <li>An understanding of child development and the effect of stress and trauma on child and adolescence development.</li> <li>Knowledge of substance misuse, domestic abuse, poverty and other vulnerabilities and how these impact on young people and/or adults.</li> <li>Knowledge and direct experience of supporting young people and/or adults to promote positive mental health and wellbeing, building resilience and empowering others to manage their own emotional health.</li> <li>Experience of working collaboratively with partners, agencies and other key professionals and their roles in supporting care experienced young people.</li> </ul>	All AI/I

	<ul style="list-style-type: none"> <li>An understanding of the key pieces of policy, guidance and legislation which govern children leaving local authority care.</li> </ul>	
          	<b>Skills</b> <ul style="list-style-type: none"> <li>Ability to effectively communicate with young people, vulnerable adults, key partners, professionals and agencies.</li> <li>Work restoratively with young people, vulnerable adults, key partners, professionals and agencies.</li> <li>Skilled in using de-escalation techniques to handle and defuse tense situations, promoting a constructive outcome.</li> <li>Ability to use IT systems and to write/maintain accurate records.</li> <li>Commitment and ability to demonstrate restorative approaches to working with vulnerable young people and/or adults.</li> </ul>	All A/I



\*If a disabled person meets the criteria indicated by the Disability Confident scheme symbol and provides evidence of this on their application form, they will be guaranteed an interview. This scheme will also apply to Care Leavers and Armed Forces/Veterans.

We are proud to display the Disability Confidence Symbol, which is a recognition given by Job Centre Plus to employers who agree to meet specific requirements regarding the recruitment, employment, retention, and career development of disabled people.

If you need a copy of this information in large print, braille, another language on cassette or disc, please ask us by contacting Talent & Resourcing Team 01785 278300